

Sibley Memorial Hospital Foundation

# YOUR IMPACT

*Philanthropy In Action*

March 2024

## Monthly Update

### DOCTORS' DAY IS MARCH 30!

**Honor your Sibley  
doctor today!**

*National Doctors' Day  
is March 30, 2024*



**Saturday, March 30 is National Doctors' Day-- a time to celebrate the Sibley physicians whose expert and compassionate care made a difference for you. Make a gift to honor your doctor!**

[\*\*Click Here to Honor Your Sibley Doctor Today!\*\*](#)



## A Gift of Gratitude

Thanks to a generous gift from grateful patient Carol Berenson and her spouse Michael, a bench on the Sibley campus was named in honor of Dr. Mildred Chernovsky. “For me, this gift represents the great privilege we have of playing an important part in our patients' lives,” said Dr. Chernovsky.

To learn how you can honor your physician, especially in recognition of Doctors' Day on March 30, contact Kristen Pruski at [kpruski@jhmi.edu](mailto:kpruski@jhmi.edu) or call 202-537-4257.



SIBLEY MEMORIAL HOSPITAL  
JOHNS HOPKINS MEDICINE

Give  
Retirement  
Assets

**AN EASY, EFFICIENT WAY TO GIVE**

Whether you wish to leave a legacy to Sibley Memorial Hospital or make a difference today, giving retirement assets is both convenient and tax-efficient. Explore the benefits of naming Sibley as a beneficiary of your retirement plan and of using your IRA to make an immediate impact on our mission.



## Tax-wise Giving Options

Tax season is upon us! With tax filing deadlines around the corner, you might be considering tax-wise giving options.

Whether you wish to leave a legacy to Sibley Memorial Hospital or make a difference today, giving retirement assets is both convenient and tax-efficient. Explore the benefits of naming Sibley as a beneficiary of your retirement plan and of using your IRA to make an immediate impact on our mission.

To learn more about how to make an IRA charitable rollover or retirement account designation, contact Kristen Pruski at [kpruski@jhmi.edu](mailto:kpruski@jhmi.edu) or call 202-537-4257.



## Donors Support Staff Morale and Resilience Efforts

Thanks to generous donors to staff support funds, members of the nurse education team took a break from work to make floral arrangements. We are grateful to our donor community who value our hard-working front-line staff and invest in their wellbeing.

To support Sibley's dedicated staff, click [here](#).

**CLIMB**  
Children's Lives Include Moments of Bravery

CLIMB is free and open to all school-aged children with a loved one who is being treated for cancer or is within a year since last treatment.

**FEB 20 - MAR 26**  
**MONDAYS & TUESDAYS**  
5:30 - 6:30 | ZOOM

CLIMB is a six-week, group-based, evidence-backed program to empower children, teens, and families with knowledge and skills to navigate cancer. Each week families participate in group sessions, one for guardians and one for kids. The children's group will offer opportunities to learn more about cancer, communicate their feelings and find positive coping skills through play and art. The group for guardians will cover information on positive communication skills and helping their children cope with complex emotions.

To learn more or register, contact Kara Woodshank at [kwoodsh1@jhmi.edu](mailto:kwoodsh1@jhmi.edu) or 301-896-2718.

The program is made possible in the Carrino Hope Fund through the Sibley Foundation.  
CLIMB® - Children's Lives Include Moments of Bravery - a program of The Children's Treatment Foundation

JOHNS HOPKINS  
HOSPITAL

## Supporting Children During a Loved One's Treatment

CLIMB (Children's Lives Include Moments of Bravery) is a free program open to all school-aged children who have a loved one being treated for cancer. This program is supported by the Carrino Hope Fund.

The sessions run on Mondays and Tuesdays February 20-March 26 on Zoom. For more information or to register, contact Kara Woodshank at [kwoodsh1@jhmi.edu](mailto:kwoodsh1@jhmi.edu), and to support family and patient care programs at Sibley, contact Liz Levine at [liz.levine@jhmi.edu](mailto:liz.levine@jhmi.edu).

# New Year, New CGA Rates!

A Sibley Memorial  
Hospital charitable gift  
annuity provides guaranteed income  
for you and future support for Sibley.

## Charitable Gift Annuity Rates

Age	One-Life Rate
90	10.1%
85	9.1%
80	8.1%
75	7.0%
70	6.3%
65	5.7%

Take advantage of these new rates effective January 1, 2024, along with these benefits:

- Guaranteed income for you and/or a loved one
- Favorable treatment of capital gains, when you fund your gift with appreciated stock or other securities
- Potential tax savings, including a charitable income tax deduction

*The chart shows rates for immediate payment. You can also delay payments and receive potentially higher rates with a deferred charitable gift annuity.*

**To learn more or to receive a personal proposal, contact  
Kristen Pruski at [kpruski@jhmi.edu](mailto:kpruski@jhmi.edu) or call 202-660-6814.**

**Sibley Foundation Gift  
Calculator**

## Your Sibley Community: Events

### Community Summit: The Future of Psychiatry and Mental Health

Immerse yourself in hands-on activities and learn from experts in mental health, covering topics like depression, anxiety, Alzheimer's disease, children's mental health, women's reproductive mental health and psychedelics.

Thursday, March 28, 2024; 10:00 am - 3:30 pm (Lunch included)

Johns Hopkins Hospital-Chevy Chase Auditorium; 1800 Orleans Street; Baltimore, MD 21287

R.S.V.P. to [phippsevents@jhmi.edu](mailto:phippsevents@jhmi.edu) by March 15, 2024

**Save the Date: Journey to Hope Conference (in-person) --Saturday, May 2, 2024**

**Yoga for Cancer Survivors, Wednesdays, 10 a.m., Free**

For Zoom link and other information please contact Pam Goetz, Oncology Survivorship Program Manager, at [pgoetz4@jhmi.edu](mailto:pgoetz4@jhmi.edu).

**Support Group for Women with Bladder or Urothelial Cancer, 1st Thursday Monthly, 12 p.m., Free**

Led by the Johns Hopkins Sidney Kimmel Cancer Center at Sibley Memorial Hospital's Center for Patient and Family Services' program manager and genitourinary oncology social worker, this group is meant to help patients gain support and friendship by meeting others going through similar experiences. Space is limited; for Zoom link, please RSVP to Samantha Rockler, M.S.W. at [srockle1@jhmi.edu](mailto:srockle1@jhmi.edu).

**Support Sibley  
Today!**



**SIBLEY MEMORIAL  
HOSPITAL**  
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(202) 537-4257

[Sibleyfoundation.org](http://Sibleyfoundation.org)

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