

Skilled Home Health versus Private Home Care

Skilled Home Health ordered by Physician

- ✚ COST – covered by Medicare A and most commercial insurances
- ✚ GOAL – continue skilled care in the home which will decrease risk of a quick return to a hospital
- RN- home safety evaluation, assessment, wound care, medication education, self-management, individual health education
- Physical Therapist- assistance to resume activities in your home, including strengthening, using toilet, and more
- Speech Therapist- memory and speech improvement, swallowing evaluation
- ✚ Less than 21% of those patients eligible for home health receive home health services due to people refusing services and not understanding the benefits of what skilled home health can offer.

SERVICES:

	Skilled Nursing	Physical Therapy	Occupational Therapy	Speech	Social Work	Certified Nursing Assistant
Skilled Home Health *	yes	yes	yes	yes	yes	Limited (must have RN on the case)
Private Home Care	limited	no	no	no	depends on agency	yes

What's Next: You will receive a call from the home health agency to set up the first meeting with either a nurse or therapist.

*All skilled services from Home Health are short term and intermittent care and based on initial home assessment

**Intermittent is defined as potentially 1-3 times a week

Private Home Care

- ✚ COST – Private Pay, portions may be covered by insurance
- ✚ GOAL – help with personal care needs, safety, meals, mobility, companionship, errands, light housekeeping
- ✚ Studies have shown that patients who have professional caregivers to help meet their needs are able to stay at home and age in place longer.
- ✚ Home Health Aid, Certified Nursing Assistant (CNA), and private caregiver are all the same type of caregiver
- ✚ Services range from 4 hours to 24 hours a day on a regular schedule or as needed.



Potomac Home Support- Johns Hopkins Care at Home an affiliate of Suburban Hospital	301-896-6990	www.phhc.org
A Home Made Plan	240-283-4783	www.ahomemadeplan.com
A-1 Action Nursing Care	301-890-7575	www.A1actionnursingcare.com
Advanced Nursing & Home Care	240-430-1500	www.advancednursing.care
Adventist Home Assistance	301-592-4500	www.adventisthealthcare.com
Afbrima Home Care	240-403-7882	https://www.afbrimahomecare.com/
Always Best Care Senior Services	301-637-0233	www.abc-midmontgomery.com
Assisting Hands of Potomac	301-363-2580	www.assistinghands.com/potomac
At Home Care Inc.	301-879-2700	www.athomecareinc.com
Bright Star Health Care	301-588-0859	www.brightstarcare.com
Capital City Nurses	301-652-4344	www.capitalcitynurses.com
Care Plus Home Health Inc	301-740-8870	www.CarePlusInc.com
Cherished Hands	301-366-6344	www.cherishedhands.net
Comfi-Kare	240-750-6617	www.comfikare.com
Comfort Home Care	301-742-5770	www.choosecomforthome.com
Comfort Keepers of Rockville and Frederick	301-450-6319	www.ComfortKeepers.com/Rockville-MD
Community Angels Nursing Services	301-768-6096	https://www.communityangelsinc.com/
Community Centered Home Healthcare LLC	240-605-6954	https://communitycenteredhomehealthcare.org/
Complete Care Solutions	301-548-0100	www.completecaresolutionsllc.com
Corewood Care	301-909-8117	www.corewoodcare.com
Express Home and Renal Healthcare	301-825-5900	https://expresshrh.com/
Family & Nursing Care, Inc.	301-588-8200	www.familyandnursingcare.com
Georgetown Home Care	202-333-3400	www.georgetownhomecare.com
Heart to Heart Senior Care Serv.	301-937-7504	www.hearttoheartseiniorcareservices.com
Holy Cross Private Home Service	301-754-7780	http://www.holycrosshealth.org
Home Care	301-337-7928	www.homecare.com
Home Care Partners	202-638-2832	http://www.homecarepartners.org/
Home Instead	301-588-9710	www.homeinstead.com
Homewatch CareGivers	888-404-5191	https://www.homewatchcaregivers.com/
JSSA Homecare	240-800-5772	www.JSSA.org
Liberty Home Care	301-263-6941	www.Libertycare.health
Mercy Care Providers	410-309-7052	www.mercycareprovider.com
Options for Seniors America	301-562-1100	www.optionscorp.com
The Key	888-872-0313	https://thekey.com/
Reliable Care Services	301-947-9545	www.reliablecarellc.com
Seniors Helping Seniors	301-895-0205	https://shsbethesda.com
Senior Helpers	301-304-1642	http://www.seniorhelpers.com/
Smith Life Homecare, part of CESLC	301-816-5020	www.smithlifehomecare.com
Specialty Care Services	301-585-6300	http://www.specialtycareservices.com
Synergy Homecare	301-200-9292	www.SYNERGYHomecare.com
Warman Home Care	1-888-243-6602	www.warmanhomecare.com

* The following are agencies that are private pay only. This list is not intended as recommendations or endorsement. Any agencies from which Suburban Hospital has affiliation and financial interest in has been marked.