

RECRUITING PARTICIPANTS NOW

YOU WILL:



Practice awareness to internal senses e.g. heartbeat



Perform mindfulness and relaxation tasks in virtual reality.



Undergo fMRI scan



Receive compensation for your time



You are eligible if you are:

- 12–17 years old
- Fluent in English
- Right-handed
- Diagnosed with an anxiety disorder or OCD
- Able to undergo MRI scan

CONTACT US

443-300-8836

coach@jhmi.edu

jhucoach.org/vitals



PI: Joseph McGuire, PhD
IRB00447147