

Sample Huddle Agenda



This sample agenda covers a 5-10 minute huddle that can be held in person or virtually. Adjust it to best fit your timeframe and campaign goals. An example PowerPoint presentation can be found on the website, hopkinsamp.org/everybodymoves.

1. Introduction to the #everyBODYmoves Mobility-a-Thon:

- 2 minutes
- Led by the #everyBODYmoves Campaign Champion

2. Why mobility matters to your hospital/unit:

- 2-5 minutes
- Share one of our patient testimonials – coming soon!
- Share data from your unit
- Led by a Nursing Leader (nurse manager, nurse educator, etc.)

3. Review examples of competitions and staff engagement activities and brainstorm your own

- 5 minutes
- Led by #everyBODYmoves Campaign Champion

4. Recap and Motivation

- 1-2 minutes
- Led by #everyBODYmoves Campaign Champion
- Tie it all together

5. Next Steps and Thank You

- 3-5 minutes
- Led by #everyBODYmoves Campaign Champion
- Discuss goals for this year's campaign
- Narrow down ideas for the unit campaign

Thank you!

For questions and more information, contact hopkinsAMP@jhmi.edu.



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