



Charles E. Silberstein, M.D.
Research Fellowship

SUMMER 2024

Zaid Elsabbagh

Medical school: Johns Hopkins University School of Medicine

Undergraduate school/degree: Arizona State University/B.S. in medicinal biochemistry

Hometown: Winona, MN

We are deeply grateful for your support, which makes this transformative fellowship possible. Your generosity continues to shape the future of pediatric orthopaedics by fostering the next generation of leaders in the field.

We are pleased to update you on the 2024 Charles E. Silberstein, M.D. Research Fellowship, which was awarded to Zaid Elsabbagh. Zaid had the privilege of working closely with all of the members of the Pediatric Orthopaedic Surgery division.

The Silberstein Fellowship provides a unique and unparalleled opportunity to delve into the field of pediatric orthopaedic surgery at one of the world's leading medical institutions. This experience is both rigorous and rewarding, offering fellows hands-on clinical practice, surgical exposure, and research opportunities. Fellows become integral members of the team, working alongside renowned faculty and talented residents who are dedicated to their education and professional growth. The fellowship not only enhances clinical skills but also deepens the understanding of the research driving advancements in the field.

Zaid said he chose to pursue this summer fellowship after his first year of medical school because of his passion for working with children and his interest in the intricate and impactful nature of orthopaedic surgery. Reflecting on his experience, Zaid shared, "This subspecialty will allow me to make a significant difference in the lives of young patients, improving their mobility and quality of life. The unique challenges and rewards of pediatric orthopaedics, combined with the opportunity to engage in groundbreaking research, made this fellowship the perfect fit for my career aspirations."

One of the fellowship's strongest attributes is the exceptional mentorship provided by the faculty and residents. Dr. Sponseller, Dr. Varghese, Dr. Lee, Dr. Honchurak, Dr. Jain, and Dr. Brandt played pivotal roles in Zaid's development, offering

invaluable guidance and support. The diverse clinical experiences, from outpatient clinics to complex surgical cases, allowed Zaid to apply and expand his medical knowledge in real-time.

Additionally, the fellowship's emphasis on research enabled him to contribute to significant projects that have the potential to influence clinical practice. Zaid emphasized that the most important lesson he gained from this fellowship is the value of collaboration and teamwork in achieving the best patient outcomes. The interdisciplinary approach at Johns Hopkins, where surgeons and researchers



work closely together highlighted the importance of communication and mutual support. This collaborative spirit not only enhances patient care but also fosters a rich learning environment where innovative ideas and techniques can flourish.

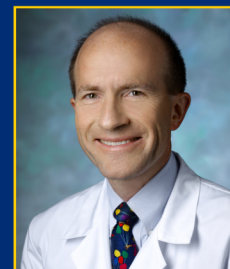
Upon completing the Silberstein Fellowship, Zaid will return to medical school to complete his second year. He plans to pursue a career in pediatric orthopaedics, with a strong focus on both clinical practice and academic research. His goal is to contribute to advancements in pediatric surgical techniques and to improve patient outcomes through innovative research.

“The Silberstein Fellowship has been a transformative experience, shaping my perspective on medicine and solidifying my commitment to pediatric orthopaedics. The friendships and professional relationships I have formed will undoubtedly influence my career for years to come. I am incredibly grateful for this opportunity and excited to continue my journey in medicine with the knowledge and skills I have gained from this esteemed program.”

-Zaid Elsabbagh

“Zaid combines an impressive intellect, great work ethic, and super “EQ”. He has accomplished some impactful research on Early-Onset Scoliosis and is on his way to becoming an outstanding Orthopaedic Surgeon.”

-Dr. Paul Sponseller



To learn more about how you can support Charles E. Silberstein, M.D. Research Fellowship, please contact Kendall Towe in the Department's Development Office at (410) 955-2887 or ktowe1@jhu.edu

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