



Living with Cancer Resources & Support

September 2024

Published by The Harry J. Duffey Family Patient & Family Services Program
Sidney Kimmel Comprehensive Cancer Center, The Johns Hopkins Hospital
If you have a printed copy of this newsletter and would like an electronic copy with direct web links to the resources, please call 410-955-8934.

September Cancer Awareness

Leukemia & Lymphoma – Leukemia, a blood cancer, is the most common cancer among children, yet occurs more often in older adults. **Lymphoma** is a broad term for those cancers which begin in the cells of the lymph system. Click on the links above for info.

Ovarian & Gynecologic – Click for helpful info, including a video series [“Under the Paper Gown,”](#) created by comedy host Amber Ruffin to empower women to speak up *confidently* at the gynecologist.

Prostate – Did you know this is the most common cancer? Usually slow growing, it is the second leading cause of cancer death among men.

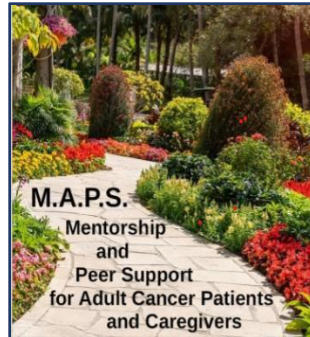
Thyroid – Different types of cancer cells can grow in the thyroid gland at the base of the throat near the windpipe. Click on the [link](#) to learn much more.

We are here to help!
Call 410-955-8934

**The Harry J. Duffey Family
Patient & Family Services Program**

Licensed clinical social workers, chaplains,
housing resources, support and guidance
during your treatment.

To submit announcements for *Living with Cancer* or if you have questions, please [email](#) the LWC Newsletter editor.



Connect with someone who cares! Whether you are seeking support as an adult cancer patient or caregiver ... *or* you are looking for a way to provide support as a trained mentor to

another person affected by cancer, the [M.A.P.S.](#) program is for you!



Sign up by scanning the QR code, or by going to [Hopkins.org/MAPS](#). You can also call 1-877-HOPENET.

You are a Survivor ...

... from the day of your diagnosis!



[American Cancer Society](#) invites you to share your story today, on a simple [online form](#) ... why? Because your story as a patient, caregiver, family member or friend of a cancer survivor can bring comfort and hope to others.

All of us at [Johns Hopkins Kimmel Cancer Center](#) celebrate you and your caregivers with a special [video](#) created by Johns Hopkins Kimmel Cancer Center staff. Take a look and see if you can spot some of your friends! [Click to view](#).

Resources, Webinars & Support Groups ...
... are now just a [click](#) away.

Rather than including a list of free resources in each month's LWC newsletter, a list of organizations with many opportunities for free support and learning is a [click](#) away on the Johns Hopkins SKCCC [website](#) (along with past issues of LWC newsletter)!

Clinical Trials: The Past, The Present & You
Wednesday, Sept 18, 6:30-7:30 pm
Free Virtual Education Program
Sponsored by the [Leukemia & Lymphoma Society](#)

Participation in clinical trials for new blood cancer treatments should reflect the patient population who will use the treatment. Yet **Black Americans** continue to be underrepresented across most clinical trials, even for multiple myeloma, the most common blood cancer in the Black community.

This free, informative program will be led by [Eric Cooks](#), PhD, Senior Program Director, Equity in Access Research Program, [The Leukemia & Lymphoma Society](#).



Register now with this QR code or at <https://na.eventscloud.com/810693>
[Email](#) or call 703-399-2959 more info.



"Finding My Voice"
Wed, Sept 11, 6:30-7:30 pm
SPOHNC – [Zoom](#) Support group
for persons with oral and head and neck cancer

Program: Chaplain Moira Bucciarelli of Grady Hospital in Atlanta will lead an exploration of your thoughts and feelings through poetry reading and writing. [Click](#) for more info or if you have questions and check out [SPOHNC Baltimore | Facebook](#).

Johns Hopkins Kimmel Cancer Center [National Capital Region](#) offers free, diagnosis-specific support groups, meditation, yoga & more, open to all. [Click](#) for contact info or [email](#) for details.



"Spare Me: New Thinking about Bladder Cancer Surgery"

Tuesday, Sept 17, 4:00-5:00 pm

Sponsored by [Johns Hopkins Medicine Greenberg Cancer Institute](#) Grand Rounds

Join urologic surgeons [Dr. Armine Smith](#) and [Dr. Max Kates](#) for an informative session on new thinking about bladder cancer surgery, with an emphasis on nerve and organ sparing techniques for bladder cancer patient. You may [register](#) as [JH staff](#) or as a [guest](#) (scroll down) which will provide info to join this & other free virtual events in 2024.

[Talking with Kids about Cancer: An Educational Program for Adults](#)
Monday, September 9, 6:00-7:00 pm
[Hope Connections for Cancer Support](#)



Paula Ernst, LMSW, will speak about what children understand at different ages as well as provide resources and tips to help you have a good

conversation with the children in your life.

[Click](#) to register as well as view other free events. You may also [email](#) or call 301-634-7500 for info.

Do you like to thrift???

Several local non-profits have thrift stores whose sales benefit programming and outreach. Here are 2 in Baltimore/DC area:



[Hope Chest Boutique](#) – 10100 Laureate Way, Bethesda MD (301-634-7500 to confirm hours)

[Carry On Shop](#) – 1830 E Monument St, Baltimore Mon-Fri 9:00am-4:30pm (410-955-9341 to confirm)

[Smith Center for Healing and the Arts](#) offers free ongoing Zoom grief groups, including "[Grieving Together: An Ongoing Circle](#)" on Mon, Sept 16, 12noon-1:30pm; and "[Loss of a Parent to Cancer](#)" on Monday Sept 23, 6:00pm-7:30pm. Click on the title for leader info and links. [HopeWell Cancer Support](#) also offers a 2x/monthly "hybrid" group.