



Living with Cancer Resources & Support

Free Resources 2024

Suggested by The Harry J. Duffey Family Patient & Family Services Program
Sidney Kimmel Comprehensive Cancer Center, The Johns Hopkins Hospital

If you have a printed copy of this resource list and would like an electronic copy with direct web links to the resources, please call 410-955-8934. We are here to help!

Support Options - at no charge!

[Wellness House](#) of Annapolis – 410-990-0941 - [Register](#) to take advantage of this support: Support groups, classes, counseling.

[Hope Connections](#) – 301-634-7500
info@hopeconnectionsforcancer.org

Support groups and classes.

[HopeWell Cancer Support](#) – 410-832-2719
info@hopewellcancersupport.org

Support groups and classes.

[Smith Center](#) for Healing and the Arts – 202-483-8600
info@smithcenter.org – for classes and support groups check out the monthly [calendar](#).

[Cancer Support Community Washington, D.C.](#) – [Contact](#) online, or call 202-659-9709.

[Claudia Mayer/Tina Broccolino Cancer Resource](#) Center
[Email](#) or call 410-740-5858 for their offerings.

[Johns Hopkins Breast Health Services](#) offers support groups led by patient navigators, specifically for [early stage](#) young women, those with [metastatic](#) cancer and [early stage over 50](#). Reach out for more info.

[Ulman Foundation](#) – 410-964-0202 - [Email](#) - resources online & in person for young adults and adolescents.


[Wiersberg Warriors](#) Foundation provides resources and support for young adults with cancer on Delmarva's Eastern Shore. [Email](#) for more info.


[SPOHNC](#) monthly [Zoom](#) support group for people with oral & head and neck cancer. [Click](#) for info.


Check out [SPOHNC Baltimore](#) | [Facebook](#)


[Life with Cancer](#) provides education, support groups and psychosocial support online or in-person to anyone, any age, impacted by cancer, at no cost!
[Email](#) or call 703-206-5433.


Check out these other free resources:


 [American Cancer Society](#) – Support through online chat, as well as other resources -- including info about [housing](#) options during your treatment.


 [CancerCare](#) – Helpful resources, info, and online support groups.


 [Free webinars and information](#) with a focus on work issues & cancer.


 [Image Recovery Centers](#) - [Email](#) or call 410-502-5623 if your appearance has been affected by treatment. Insurance is accepted for eligible services.


 [LLS](#) offers [peer support](#), a free remote [nutrition consult](#) with a registered dietician, resources, and a one-time [\\$100 stipend](#) for non-medical expenses.

 [M.A.P.S.](#) offers support to adult cancer patients and caregivers through a free [Mentorship And Peer Support Program](#). Go to [Hopkins.org/MAPS](#) or call 1-877-HOPENET for info.

 [National Comprehensive Cancer Network](#) – patient & caregiver resources by topic, in various languages.

 [National Brain Tumor Society](#) – [info](#) and [support](#), including monthly online [support conversations](#).

 [PanCAN](#) – Pancreatic Cancer Action Network provides free info and one-on-one support to patients and caregivers.

 [Triage Cancer](#) *tiene varios recursos disponibles en Español* and in [English](#) – videos, 2024 list of relevant [webinars](#).