

You're Invited!

Learn More About UpLift: The Virtual Behavioral Health Practice

Please join us for a virtual education session about UpLift, a virtual behavioral health practice that expands access to providers. All plan members of Employer Health Programs (EHP), Advantage MD and US Family Health Plan (USFHP) can use UpLift providers at in-network coverage.

Representatives from UpLift will present two sessions, covering the online platform and how it can help patients quickly and easily access quality mental health care, and how providers can refer patients to UpLift. Select one of the options below:

- [Tues., Sept. 17 from 4 to 5 p.m.](#)
- [Tues., Nov. 5 from 11 a.m. to 12 p.m.](#)

Please register in advance. After registering you will receive an email with instructions for adding the invitation to your calendar and joining the meeting.

About UpLift

- UpLift supplements the existing network of quality behavioral health care providers available to members, adding more therapists and psychiatrists.
- The UpLift platform makes finding the right care simple by matching a therapist or psychiatrist according to personalized needs and provider specialties, allowing members to filter searches for different results. While UpLift is primarily virtual, some providers offer in-person appointment options.
- The interface allows members to schedule an appointment with a psychiatrist or therapist as soon as the next day, and no further out than two weeks.
- Member cost shares for UpLift providers are the same as all in-network behavioral health care services.
- Members can self-refer or providers can now refer members to UpLift to locate a provider in the UpLift network. Refer members to [joinUpLift.co](#)* to learn more and to find a provider.

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