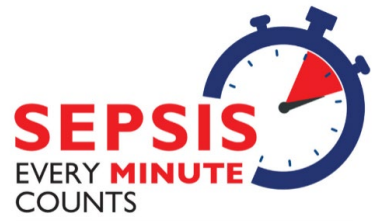


SEPSIS AWARENESS AND PREVENTION



THE TIME TO STOP SEPSIS IS NOW.

A 2023 survey of more than 1,000 Johns Hopkins Medicine patients found:

Sepsis facts: Sepsis is a life-threatening condition caused by the body's extreme response to an infection.



68% did not feel confident that they knew the early signs of sepsis.



1.7 million adults in the U.S. develop sepsis every year.



44% had sepsis or knew someone who had sepsis.



350,000 adults die or are moved to hospice as a result.



Up to 50% of sepsis survivors suffer from long-term physical and/or psychological effects.

SYMPTOMS OF SEPSIS



FEVER



SEVERE CHILLS WITH SHAKING



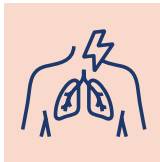
CONFUSION



SLURRED SPEECH



RAPID HEARTBEAT



SHORTNESS OF BREATH



CLAMMY/SWEATY SKIN



SKIN RASH



NO URINATION FOR 12 HOURS OR LONGER



EXTREME PAIN/MUSCLE DISCOMFORT

PEOPLE AT HIGHER RISK FOR SEPSIS INCLUDE:

ADULTS 65 OR OLDER

PEOPLE WITH CHRONIC MEDICAL CONDITIONS, SUCH AS DIABETES, LUNG DISEASE, CANCER, AND KIDNEY DISEASE

PEOPLE WITH WEAKENED IMMUNE SYSTEMS

PEOPLE WITH RECENT SEVERE ILLNESS, HOSPITALIZATION, OR SURGERY

PEOPLE WHO SURVIVED SEPSIS

PEOPLE WHO ARE PREGNANT OR POST-PARTUM

CHILDREN YOUNGER THAN ONE

PREVENTION



WASH YOUR HANDS



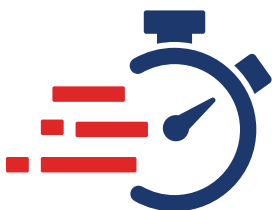
KEEP CUTS CLEAN AND COVERED UNTIL HEALED



MANAGE CHRONIC CONDITIONS



GET RECOMMENDED VACCINES



ACT FAST

Anyone with sepsis symptoms should get immediate medical attention. Treat it as a medical emergency. If you continue to get worse or are not healing after an infection, ask your doctor about sepsis.

Wash your hands. Stop infection. Stop sepsis.



JOHNS HOPKINS
MEDICINE