## Sibley Memorial Hospital

Sibley Memorial Hospital, in Northwest Washington, D.C., has a distinguished history, building on more than 125 years of being first to provide new procedures, invest in leading-edge technologies and create exceptional facilities. Sibley is a fullservice community hospital in the D.C, community, providing our neighbors and residents from across the region exceptional care.

Sibley Memorial Hospital offers advanced services for a variety of patient needs. As part of Johns Hopkins Medicine, fellowship-trained faculty physicians make up the majority of our Johns Hopkins programs, which include the Johns Hopkins Proton Therapy Center, one of the most advanced centers in the world, the Johns Hopkins Kimmel Cancer Center, the Johns Hopkins Center for Bariatric Surgery, Johns Hopkins Maternal-Fetal Medicine and our Behavioral Health program.

Sibley is also home to Grand Oaks, an assisted living residence, and the Renaissance, which houses the Center for Rehabilitation Medicine, a skilled nursing care unit and a residential Alzheimer's unit. Outpatient services are provided in the medical building, which includes the Sibley Ambulatory Surgery Center, imaging and Sibley Primary Care. Sibley's Renaissance Skilled Nursing Facility was recognized among the nation's Best Nursing Homes by U.S. News & World Report in 2021–2022.

Sibley Memorial Hospital includes 200 private rooms, a state-of-the-art emergency department, a nationally recognized orthopaedics program, a large women's and infants' services program to house Washington's busiest maternity program, and several other programs.

#### **Our Mission**

To deliver excellence and compassionate care — every person, every time.

## Part of a Premier, Integrated System

Sibley Memorial Hospital is a member of Johns Hopkins Medicine, one of the world's premier, integrated health systems, with six hospitals, four community-based health care and surgery centers, more than 50 primary health care sites, managed care and home care services, and numerous overseas affiliates and management agreements.

### Sibley Statistics — Fiscal Year 2022

- 288 licensed beds
- 11,140 admissions (adult acute)
- 34,457 emergency visits
- 9,444 surgical procedures
- 4,006 births
- 2,188 employees
- 1,001 medical staff members
- 783 registered nurses

## **Key Services**

### Oncology

- Home to the Johns Hopkins Kimmel Cancer Center's Washington location, we offer medical, radiation and surgical oncology, palliative care, clinical trials, social services and support groups.
- The Johns Hopkins Proton Therapy Center areas of expertise include bone and soft tissue, breast, colorectal, urologic, gynecologic, head and neck, lung, melanoma, pancreas/liver and prostate cancers. Proton beam technology is a very precise form of radiation therapy that allows for shorter treatment times and fewer side effects. The center is dedicated to the advancement of state-of-the-art proton therapy care via three treatment rooms for adults, a dedicated pediatric team for children and a section for research.
- The Sullivan Breast Center is staffed by dedicated fellowship-trained breast radiologists and breast surgeons. 3D and digital tomosynthesis mammography, breast ultrasound, breast MRI and minimally invasive, image-guided breast biopsies help to detect even the smallest tumors. Our breast imaging specialists coordinate with our Johns Hopkins breast surgeons for a seamless approach to care. Our mammography services

are certified by the American College of Radiology and by the Food and Drug Administration under the Mammography Quality Standards Act. The Sullivan Breast Center is designated as a Breast Imaging Center of Excellence by the American College of Radiology.

- At the Sibley Center for Gynecologic Oncology and Advanced Pelvic Surgery, fellowship-trained Johns Hopkins specialists provide personalized care for a wide variety of complex gynecologic needs, including cancer and non-cancer surgery, and urogynecology. Procedures are performed using the most advanced technology available.
- Through a unique collaboration with Children's National Hospital, Sibley offers the only dedicated pediatric proton therapy and traditional radiation therapy program in Washington, and the only academic pediatric radiation program in the region.
- Groundbreaking Johns Hopkins Medicine clinical trials are available at Sibley, giving local patients access to Johns Hopkins specialists, and new drugs and therapies before they are widely available.
- Sibley's Prostate Cancer Multidisciplinary Clinic connects surgeons, radiation oncologists, medical oncologists, pathologists and radiologists to discuss a patient's case together.

## **Obstetrics**

- Sibley enjoys a well-earned reputation as one of the area's preferred places to have a baby, delivering more than 4,000 babies a year, more than any other hospital in Washington.
- Our approach to childbirth is familycentered, and we work with each family to help provide the birthing experience they desire.
- Two floors are dedicated to women and infants, featuring large private rooms with sleep sofas, an advanced infant security system, a real-time locator system and fetal monitoring technology.



Sibley's Maternal-Fetal Medicine Program provides specialized expertise in managing high-risk pregnancies. Program experts use sophisticated technology and testing to diagnose, monitor and consult for complex conditions and complications that can arise during pregnancy. They also offer comprehensive genetic consultation, screening, testing and interpretation of results.

## Orthopaedics

- Sibley is a leader in orthopaedic medicine, including treatment of sports injuries and fractures, and hip, knee and shoulder replacements.
- The number of joint replacements Sibley performs is among the highest in the area.
- Sibley's Center for Rehabilitation Medicine provides nonsurgical orthopaedic care including physical therapy, exercise and other rehabilitation services, and the use of a warm-water therapeutic pool.
- A dedicated orthopaedic unit offers a clinic for patient rehabilitation.

## **Emergency Services**

- Sibley's emergency department is certified as a Primary Stroke Center, demonstrating long-term success in improving outcomes.
- Sibley earned the bronze standard, Level 3 Geriatric Emergency Department Accreditation, from the American College of Emergency Physicians for the hospital's leadership in providing emergency department care for geriatric patients.

## **Other Specialty Services**

**The Sibley Senior Association** offers a variety of wellness programs for those 50 years and older, including Club Memory, free health screenings, exercise and fitness programs, and presentations by medical experts on important health issues.

## The Johns Hopkins Center for Bariatric Surgery at Sibley Memorial

**Hospital** features a team of multidisciplinary experts who provide comprehensive, coordinated care to help people lose weight and restore health. The center is accredited as a comprehensive center by the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program.

#### The Sibley Sleep Disorders Center,

accredited by the American Academy of Sleep Medicine, offers advanced technology for the diagnosis and treatment of sleep problems.

# Community Relations and Outreach

Sibley is focused on investments in health care services for underserved communities, health promotion, education and outreach. Ward Infinity is a community-focused initiative that Sibley launched through a contribution to the Sibley Foundation to support community health improvement initiatives in Wards 7 and 8 in Washington.

## **Awards and Recognitions**

#### 2023

Sibley was named a Reader's Pick best place to have a baby by *Bethesda* Magazine.

#### 2022

- The American Heart Association and American Stroke Association gave Sibley its Get With the Guidelines – Stroke Gold Plus with Target: Stroke and Target: Type 2 Diabetes Honor Roll Achievement awards.
- Sibley tied for #7 in the Washington metropolitan region in U.S. News & World Report's Best Hospitals 2022–23 Honor Roll rankings.

#### 2021

- Sibley was named the best hospital in Washington City Paper's Best of D.C. issue for the ninth year in a row.
- Grand Oaks assisted living facility earned a Silver Quality Award from the American Health Care Association and National Center for Assisted Living.
- Sibley tied for #4 in the Washington metropolitan region in U.S. News & World Report's Best Hospitals Honor Roll rankings, and received the "high performing" ranking for nine procedures and conditions.
- Sibley received a Healthgrades Specialty Excellence Award that recognized the hospital as one of America's 140 best facilities for orthopaedic surgery. It was the only hospital recognized in Washington, D.C. Sibley earned a Go Clear Award for eliminating hazardous

smoke from surgical procedures.

- Sibley received a Healthgrades Specialty Excellence Award that ranked it among the nation's 100 best hospitals for spine surgery and a top performer in orthopaedic surgery.
- Sibley was named a Reader's Pick best place to have a baby by *Bethesda Magazine*.
- U.S. News & World Report gave Sibley a High Performing Hospital rating for hip and knee replacement, colon cancer surgery and lung cancer surgery.
- Sibley's Renaissance Skilled Nursing Facility was rated as high performing in short-term rehabilitation in U.S. News & World Report's Best Nursing Homes rankings.
- Sibley's Renaissance Skilled Nursing Facility was named a Best Nursing Home by *U.S. News & World Report.*

## 2020

- The American Heart Association and American Stroke Association gave Sibley its Get With the Guidelines<sup>®</sup>– Stroke Gold Plus with Target: Stroke and Target: Type 2 Diabetes Honor Roll Achievement awards.
- Sibley was ranked as high performing for hip and knee replacement surgeries by U.S. News & World Report.
- Sibley earned a safety grade A from the Leapfrog Group.
- Sibley was the only Washington, D.C., hospital to receive five stars in the Centers for Medicare and Medicaid Services' Overall Hospital Quality Star Ratings.
- Sibley was rated among the following by the Quantros CareChex Awards program:
  - Top 10% in the nation for general surgery
  - Top 100 in the nation for hip fracture care
  - Top 100 in the nation for major bowel procedures
  - Top 10% in the nation for major orthopaedic surgery