|  |  |
| --- | --- |
| Resident Name |  |
| Rotation Dates |  |

**Course Syllabus**   
*(Last updated 12.16.22)*

By the end of the rotation, learners will have completed the following trainings.

|  |  |
| --- | --- |
| Checklist | **Required Trainings** |
|  | **Improving Mental Health Outcomes for Transgender and Gender Diverse (TGD) Youth through Gender-affirming Care** (1 hour, pre-recorded video)\*  <https://www.lgbtqiahealtheducation.org/courses/improving-mental-health-outcomes-for-transgender-and-gender-diverse-tgd-youth-through-gender-affirming-care/> |
|  | **Families of transgender youth panel** (1 hour, pre-recorded panel discussion)\*  <https://www.lgbtqiahealtheducation.org/courses/families-of-transgender-youth-panel-2021/> |
|  | **Primary Care for Transgender and Gender-diverse patients** (1 hour, pre-recorded video)\*  <https://www.lgbtqiahealtheducation.org/courses/engaging-families-of-transgender-and-gender-diverse-youth/> |
|  | **Puberty blockers and hormone therapy for gender diverse youth and adolescents**(1 hour, pre-recorded video)\*  <https://www.lgbtqiahealtheducation.org/courses/puberty-blockers-and-hormone-therapy-for-gender-diverse-youth-and-adolescents-2021/> |

\* Learner will need to create a free account at LGBTQIA Health Education Center to access trainings

|  |  |
| --- | --- |
|  | **Optional** / **Suggested Resources** |
|  | Kai Shappley: A Trans Girl Growing Up in Texas  <https://www.them.us/story/aclu-film-series-transgender> |
|  | Turban J et al. **Ten Things Transgender and Gender Nonconforming Youth Want Their Doctors to Know**. J Am Acad Child Adolesc Psychiatry. 2017 Apr;56(4):275-277. <https://doi.org/10.1016/j.jaac.2016.12.015> |
|  | Levine DA. **Office-based care for lesbian, gay, bisexual, transgender, and questioning youth**. Pediatrics 2013;132(1):e297-e313. <https://doi.org/10.1542/peds.2013-1283> |
|  | Rafferty J et al. 2018. **Ensuring comprehensive care and support for transgender and gender-diverse children and adolescents**. *Pediatrics*, *142*(4). <https://doi.org/10.1542/peds.2018-2162> |
|  | Reitman DS, Austin B, Belkind U, et al. **Recommendations for promoting the health and well-being of lesbian, gay, bisexual, and transgender adolescents: A position paper of the society for adolescent health and medicine.** Journal of Adolescent Health 2013. <https://doi.org/10.1016/j.jadohealth.2013.01.015> |

**Suggested Resources**

* National Academies of Sciences, Engineering, and Medicine 2020. **Understanding the Well-Being of LGBTQI+ Populations. Chapter 8 – Families and Social Relationships**. Washington, DC: The National Academies Press. <https://doi.org/10.17226/25877>
* **Guidelines for the Primary and Gender-Affirming Care of Transgender and Gender Nonbinary People**. UCSF.   
  <https://transcare.ucsf.edu/guidelines> .   
  *Comprehensive guidelines for a variety of primary care scenarios, including hormone dosing and adjustments as well as management of common post-operative complications.*
* **Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society\* Clinical Practice Guideline.**  
  <https://academic.oup.com/jcem/article/102/11/3869/4157558>   
  *Comprehensive guidelines for hormone management and titration.*
* **Protocols for the Provision of Hormone Therapy.**<https://callen-lorde.org/graphics/2018/04/Callen-Lorde-TGNC-Hormone-Therapy-Protocols.pdf>   
  *Step-by-step instructions for beginning a hormone therapy assessment (aka, how to do the first primary care visit for someone who wants to start hormones). Includes common hormone dosing*
* **TransLine Hormone Therapy Prescriber Guidelines.**<https://transline.zendesk.com/hc/en-us/articles/229373288-TransLine-Hormone-Therapy-Prescriber-Guidelines> .   
  *Quick reference for common hormone doses and forms of administration.*
* **Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People**. WPATH (World Professional Association for Transgender Health). <https://www.wpath.org/soc8/chapters>   
  *Overarching discussion of the scope of gender-affirming care, and establishes standards for readiness for hormones and surgery. Many insurance companies follow WPATH guidelines to determine coverage requirements.*
* **Transline: Transgender Medical Consultation Service**<https://transline.zendesk.com/hc/en-us>   
  *Clinician-facing consultation line for care of transgender patients. Providers can submit questions about transgender care, which are generally answered via email within 1-2 days.*